

## **Outpatient Providers:**

### **Bet-El**

Their offices are temporarily closed until April 3. All services are being provided through Telehealth. Clients are instructed to leave a message to be reached by their therapist.

### **Cedar Point**

Cedar Point is not accepting any new patients until after April 1<sup>st</sup>. They are still able to call and schedule, but will be scheduled for after the 1<sup>st</sup>. All current clients are being "seen" via tele health.

### **Colonial Intermediate Unit 20 (CIU20)**

They no longer have any BSC/MT/TSS providing direct services in an effort to prevent the spread of COVID-19. BSC's will check in with their families and provide as much support indirectly as they can.

### **Haven House**

Has temporarily suspended onsite PRS services for two weeks, effective March 19. All other services will remain open, including: Outpatient / Psychiatric Services / Nursing (Med management, IPE, Assessments, therapy); Mobile PRS; Wellness Recovery Team; THRIVE; MH/AP.

### **Holcomb**

Offices continue to be open with limited staffing. Supervisors and clinical support staff will be available to answer questions, schedule appointments, and assist with varying needs. This plan will be in effect for the next two weeks and will be re-evaluated again at that time.

Outpatient— Effective March 19, all clients receiving medication management services will be seen through telehealth services. Effective March 20, they will be providing telehealth services to all MBH clients. Clients with commercial insurance have the option of coming to the office for services or telehealth services.

**Case Management**—Case Managers are providing services remotely and over the phone. They continue to provide on-call services as needed.

**IBHS**—Behavior Consultants and Mobile Therapists have moved to telehealth services. BHT's continue to provide services in the home if families are willing to let them in the home.

**Family Based Services**—Clinicians have been providing services over the phone to clients and families since the emergency shutdown on March 12. Effective March 20, clinicians will also be offering telehealth services to clients and their families.

### **Horizon House**

Effective March 19, site based programs such as CIRC's will be closed for onsite services but staff will continue to provide support to participants through telehealth

## **KidsPeace**

The Autism After School Therapeutic Program in Bethlehem is temporarily closed as of March 23.

All KidsPeace outpatient locations in Lehigh County will continue to offer free walk-in mental health assessments by clinically trained professionals – no appointment needed. The assessments allow for fast evaluation of mental health condition and if needed crisis intervention.

- Allentown (two locations)

801 E Green Street (across from Dieruff High School)

610-799-8910

451 W Chew Street, Suite #105 (St. Luke's Sacred Heart Hospital Campus) 610-776-5465

- Bethlehem (one location)

KidsPeace Broadway Campus Family Center (1620 Broadway, Bethlehem) 610-799-8600

**TeenCentral.com** - *TeenCentral.com* is a web-based confidential and anonymous service providing a range of information and encouragement to older kids and teens – including the opportunity to submit questions and concerns and get an individualized response from clinical experts -- provided in a “safe space” for young people who may have reluctance to discuss such matters with parents or other adults. KidsPeace is currently dedicating more resources to the site specifically to address the mental and emotional health concerns raised by the COVID-19 outbreak. [www.teencentral.com](http://www.teencentral.com)

## **Life Guidance**

HAO and LG are open for mental health as well. For 04/02 and 04/03 we are going to take care of the clients already scheduled that we had and need to be seen by the doctors and some of the therapists as well. Some of them will be face to face. Next week we are going to have a skeleton crew for the HAO MH/D&A and LG to take care of clients in need of services and any emergencies. We are doing face to face as needed and will continue telehealth.

## **Merakey**

Effective March 12, 2020, they suspended their IOP program as a precautionary measure for approximately two weeks, and the OP program is still providing psychiatry, therapy and med services (limited onsite and the rest are telehealth starting March 18). In addition, Merakey has made the decision to operate their Dual Diagnosis Treatment Team exclusively through telehealth effective March 18.

## **Muhlenberg Mental Health Clinic**

Will see patients effective March 19 at the LVPG Adult & Pediatric Psychiatry (2710 Schoenersville Road) during the COVID-19 situation. All phone information will be the same.

### **NAMI-Lehigh Valley**

Have moved their peer and family support groups to Zoom. They have added a check-in group to anyone, regardless of mental health diagnosis. The groups start on March 31 and the schedule is: General Check-in, Tuesdays, 1-2:30 pm; Family Group, Wednesdays, 2-3:30 pm; and Peer Group, Thursdays, 6-7:30 pm. Contact info@nami-lv.org to join the groups.

### **OMNI**

Everything will happen via phone including therapy appointments and medication management checks with doctors.

### **Pinebrook**

They remain open and all behavioral health services are being done via telehealth. For other essential services that are not able to be done remotely, staff members are continuing services face-to-face while following CDC guidelines for social distancing and hygiene practices.

### **Preventive Measures**

Has temporarily stopped all face to face services, and will transition to telehealth service delivery.

### **Recovery Partnership**

Offices are open to staff only until April 7. All previously scheduled activities, meetings and appointments have been postponed.

### **Resources for Human Development**

**Lehigh Valley ACT Services** – They are increasing the use of phone and conference calling to remain in contact with consumers. Suspended all in house groups for now and will reassess in two weeks. Not doing any face to face contacts in Hospitals/ER's at this time.

### **Salisbury Behavioral Health**

They have temporarily closed site-based Psychiatric rehabilitation programs in Bethlehem and Allentown, and are offering telehealth services to these individuals if they are interested in maintaining services, where it is appropriate.

### **St. Luke's University Health Network (Bowmanstown & Eaton Ave locations)**

Large groups and partial programming are temporarily suspended. Clients are receiving daily telehealth visits.